Corporal Andy Reid: I've kind of got a vague recollection of spinning round in the air. I'm not sure if I did or not but it's something I keep thinking back that I did, I remember looking down, I lay on my back, looked down I couldn't see my legs at that stage, a big dust cloud all round. I couldn't see anything and I couldn't hear anything neither. I weren't in any pain at that particular time I just felt like shock and numbness as if I'd walked into a door or ran into a big prop forward playing rugby or something like that and I looked across to this left hand thinking I need to get some first aid kit out here, because your training kicks in right away, in your right hand pouch there you've got your tourniquets and your first field dressing and your morphine and that so I was looking to get a bit of first aid because even though I didn't feel any pain I knew something violent had just happened. And looked across and this finger was hanging off, so I kind of kept hold of that I thought I'm not losing that as well, keep that, and then looked across at my right arm and it was twisted up behind my back so then I shouted for a medic, but obviously I shouted but I couldn't hear myself shout, which was quite strange because I knew I was shouting but then, I couldn't hear anything. The Vallon guy had been thrown forward in the blast he took some shrapnel to the behind. He crawled back towards me obviously risking his own life really on uncleared ground and he gave me some morphine and started putting tourniquets on. He put a tourniquet on my arm pulled it obviously really tight to stop the blood flow and that, but I felt it pinch my skin for some reason that felt quite painful but I couldn't really feel anything else so I told him not very politely to calm down a bit because it was pinching my skin and then I just remember being in and out of consciousness a bit.